

# **Tracy Triton's News!**

## **GO TRITON'S**

- *All swimmers should attend at least 3 practices a week. There will be a sign in. Thanks for your dedication to yourself and the TEAM! Practices M-F and Saturdays in April.  
Returning Swimmers 5:15-6:30 / New Swimmers 6:15-7:00!*
- *(No food or drinks on deck and No walking on the bulkhead!)*
- *Returning swimmers begin practice April 1<sup>st</sup> @ West High Pool from 5:15 to 6:30! Be on time please so you don't miss stretching.*
- *Try-outs are April 4<sup>th</sup> and April 18<sup>th</sup> @ West High Pool – 11 year olds and up at 9:00, and 10 and under at 10:00. Once your swimmer has made the team you can register that day.*
- *If your swimmer does not make it on April 4<sup>th</sup> but just needs some more practice the Master's Swim Program will be offering a swim clinic the following two weeks before the next try-out on April 18<sup>th</sup>.*
- *New swimmers begin practice April 6<sup>th</sup> @ West High Pool from 6:15 to 7:00. Be on time!*
- *April 27<sup>th</sup> – New Families – Orientation Meeting @ 6:15 West High Pool*
- *Saturday Practices for April*

*Returning swimmers begin April 4<sup>th</sup>*  
*12:00-12:45 (8&under), 12:30-1:30 (9& up)*

*New swimmers begin on April 11<sup>th</sup>*  
*11:15-12:00*

- *Saturday, May 9<sup>th</sup> ~ Picture Day and Mini-Meet @ West High!*  
*Individual pictures start at 9:00 a.m., team pictures are around 11:00 a.m.  
The mini-meet will start about 1:00p.m. We will have concessions throughout the day.*
- *Starter Training*~ April 23<sup>rd</sup> @ Turlock High School from 6:30-8:00
- *Stroke and Turn Training*  
*April 27<sup>th</sup> @ Pitman High School 6:30-8:30  
April 30<sup>th</sup> @ Manteca High School 6:30-8:30*
- *Our First Swim Meet! THE TRACY INVITATIONAL @ West High on May 23<sup>rd</sup> and 24<sup>th</sup>. This is a very exciting and fun meet. We need everyone to attend. Meet sheets will be posted on the web when they become available.*