



## The Tracy Triton Newsletter ~ April 2, 2008

**Welcome back Tracy Triton Swim Families!** Here is the schedule for the next week of Swim practice. As always please arrive 15 minutes before practice time to allow your swimmers to participate in team stretching. This is vital to the health our swimmers and ultimately our team. Thank your for your cooperation.

### **Practice schedule for April 1<sup>st</sup> - Friday April 4<sup>th</sup> And for Monday April 7<sup>th</sup> - Tuesday April 8<sup>th</sup>**

Practice times are as follows :

8 & Under swimmers	6:30 - 7 PM
9 & Up swimmers	7 - 8 PM

### **Practice schedule for Saturday April 5<sup>th</sup>**

Practice times are as follows :

8 & under swimmers	11 - 11:30 AM
9 & Up swimmers (you can choose to attend either session)	
Session I	11:30 -12:30 PM
Session II	12:30 - 1:30 PM

### **Tracy Triton Team Tryouts Saturday April 5, 2008 9 AM**

### **Tracy High School Pool**

**\*\*Pick up a Triton flyer to hand out to anyone interested in the Tritons\*\***

### **Looking Ahead**

**Saturday April 5<sup>th</sup>, Tryouts & Swimsuit fitting** - Team Tryouts will be at 9 AM also Nor-Ski will be available for team suit fitting and ordering, from 9 AM - 12:30 PM.

**Wednesday April 9<sup>th</sup>, New swimmers join practice** - Practice times will be altered slightly beginning on Wednesday April 9th. New swimmers will practice from 7 - 8 PM, moving the 9 & older practice back to 7:30 - 8:30 PM.

**\*\*Remember parking and getting into the Tracy High School campus is a little more challenging with all the construction going on, please allow a few extra minutes.\*\***